

Married or in a serious, long-term relationship?

Could you and your partner benefit from:

- ⦿ Strengthened connection?
- ⦿ Improved communication and conflict management?
- ⦿ Negotiating through your differences?

If you said yes to any of those, consider attending our workshop:

The Seven Principles for Making Marriage Work

About the Seven Principles Workshop

This is a one-day, interactive session based on the internationally acclaimed research of Dr. John Gottman. The workshop includes education, exercises and strategies designed to build strong, meaningful relationships, improve conflict resolution and achieve greater levels of intimacy.



When: Sunday, November 9
10:00am to 5:00pm

Where: Tenleytown, Washington D.C.

Who Should Attend?

Our workshop is designed for couples:

- ⦿ Considering marriage
- ⦿ Recently married
- ⦿ Married or in a long-term relationship

Seven Principles Workshop Leaders



Shannon Golub
LMSW



Yasmin Meyers
LCSW-C

Workshop Cost:

\$450 per couple (+ \$75 materials fee)

To Register or Learn More:

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Registration Deadline: Sunday, October 26